

# South Grafton ExServices Motorcycle Club Inc.

**PRESIDENT:** ALAN PATERSON    **SECRETARY:** DEAN PENEDER    **TREASURER:** JENNY DUTTON  
Ph:0266432885    Ph:0412068329    Ph:0266433481    Ph:0266472236    Ph:0428472236



## NEWSLETTER JAN. – APR. 2009

G'day club members & welcome any new members for season 2009,

by the time you read this newsletter, christmas new year will be over. I hope you all had an enjoyable holiday season & are ready for another year of fun & excitement on motorcycles.

The calendar is looking very busy with motocross having a great deal of meetings to race at. With the number of meetings taking place, this puts a huge strain on our available officials and it is very important that we increase our officials base. I have obtained a level 1 officials licence last year, through Motorcycling Aust. system. Any interested parties come & see me.

**PRESENTATION NIGHT:** Club Champions for all disciplines should be celebrated. On the 6<sup>th</sup> December 2008, the club hosted the annual Presentation Night at the Grafton Pool. The afternoon showcased the Club Champions from each age / class and rewarded them for their outstanding achievements.

An award for club person of the year and official of the year is still to be awarded. Other random prizes were presented on the evening to those in attendance. To continue the guest list of invited profiles for the presentations, we were lucky enough to have two special guests attending who are both life members, Darryl & Margaret Skinner who now reside in the Lismore area. This event is made possible with valuable assistance of our kind and generous sponsors at Grafton Pool, The Honda and Suzuki Retailers, Westlawn Investments, Grafton Wellbeing Centre, Grafton Mall Butchery, Grafton Batteries, Beadmans, just to name a few. Please support the companies that support your sport. Visit our website at [www.sgemcc.com.au](http://www.sgemcc.com.au) for more information.

**CLUB SECRETARY:** The Secretary has come home after his stint away in the city, and looks forward to working with the Club again.

**2009 CALENDER:** CLUB EVENTS LISTING ON REVERSE SIDE OF THIS NEWSLETTER.

### RACE REPORTS:

1. Rnd 6 Club Champs & Trophy Day 2008 were exciting to say the least. Great day and some good racing was seen.
2. Well done local members in the Girls Day Out 2008, Jozee Adamson scoring enough points on the day, for top spot on the podium. Keep up the good effort fellas & young ladies, you are doing a great job representing the Club.
3. Road Racing - Our home grown junior road-racer, Luke Mitchell, 12, qualified third at the Metrakit Australia Junior GP Championship (70cc class) at Broadford, Victoria on October 11. Mitchell will take his place on the grid, along with Australian team mates Mat Davies (1st, Vic) and Hayden Demamiel (2nd, Vic), in Valencia, Spain at the World Festival of Champions from November 26<sup>th</sup> to 30<sup>th</sup> 2009.

**CIRCUIT UPGRADE:** In season 2009 we plan some circuit upgrades, 1. from flag marshall point 3. cross to Amcross circuit, back straight a chicane and/or small tabletop/whoops. 2. from flag marshall point 7. a chicane/flowing set of esses to allow overtaking.

**COACHING TIP 1:** " A MOTORCYCLE IS ENGINEERED AND DESIGNED WITH THE CENTRAL WEIGHT OF THE RIDER TAKEN INTO ACCOUNT. THE IDEAL POSITION OF A RIDER IS BALANCED PERFECTLY BETWEEN THE FRONT AND REAR OF THE MOTORCYCLE AND NOT IN THE MIDDLE OF THE SEAT.

PAY PARTICULAR ATTENTION TO BIKE CONTROL SET UP IN REGARDS TO HANDLE BAR POSITION AND CONTROLS. THIS IS THE FOUNDATION OF CONTROL BEFORE ANY PRACTICAL IMPROVEMENTS CAN BE MADE."

**COACHING TIP 2:** " PROTECTIVE RIDING EQUIPMENT SHOULD ALWAYS BE THE FIRST ITEM PACKED IN YOUR GEAR BAG AND THE FIRST THING YOU PUT ON BEFORE YOU RIDE, PRACTICE OR PLAY.

ELBOW GUARDS , KNEE GUARDS, SHOULDER AND BACK PROTECTION IS A LOT CHEAPER THAN THE PAIN OF NEGLECTING YOUR OWN PERSONAL SAFETY."

**CLUB BANNER:** Keep an eye out for the Banner around town for upcoming events.

**CANTEEN:** An offer of help will never go astray.

Until next time, don't be left on the grid, Dean.

### WHATS ON:

FEB 30 <sup>TH</sup>	WORKING BEE	GNUDWOC	9.00AM – 5.00PM
MAR 1 <sup>ST</sup>	NTH COAST SERIES	GNUDWOC	6.00AM – 5.00PM
MAR 9 <sup>TH</sup>	MTHLY MEETING	STH RSL CLUB	7.15PM – 10.00PM
MAR 14 <sup>TH</sup>	WORKING BEE	GNUDWOC	6.00AM – 5.00PM
MAR 15 <sup>TH</sup>	CLUB DAY	GNUDWOC	6.00AM – 5.00PM
APR 13 <sup>TH</sup>	MTHLY MEETING	RSL CLUB	7.15 PM – 10.00PM
APR 18 <sup>TH</sup>	WORKING BEE	GNUDWOC	9.00AM – 5.00PM
APR 19 <sup>TH</sup>	CLUB DAY	GNUDWOC	6.00AM – 5.00PM
MAY 30 <sup>TH</sup>	WORKING BEE	GNUDWOC	9.00AM – 5.00PM
MAY 31 <sup>TH</sup>	CLUB DAY	GNUDWOC	6.00AM – 5.00PM